OOPS Trip Organizer Checklist 2020

Trip Planning / Launch Site

1. Paddle destinations in Phase l+ areas only.
2. Level l & ll paddles only until Oregon moves to Phase lll.
3. Please do not register for or attend paddle(s) if you have been sick or exposed to someone who has been sick within 14 days. This applies to any type of illness: flu, cold, etc.
4. Round trips only, no shuttles. Also, avoid car pooling.
5. Pod size limited to 6 paddlers
6. 1 pod per launch site at a time
7. It's OK to help people carry boats, but we recommend face masks and hand sanitizer before and after.
8. Please be aware of and responsible for social distancing both on and off the water.
   1. Do not gather in groups very long before & after paddles.
9. If any planned venue is more crowded than expected and the TO decides it is not safe for the group, they are encouraged to move to another suitable location or postpone (e.g. have a Plan B location prepared).
10. The Board suggests that most trips begin and end early in the day in order to avoid potential crowds, particularly on the weekends.
11. Please continue to support and help each other best we can.

Registering for an OOPS day trip and paddling protocols

1. **Strive to make this a digital transaction – all digital forms sent to Trips Coordinator (trips@oopskayak.org)**
   1. Best case-Member prints, signs, takes pic of completed form and sends to self and Trip Organizer before paddle or at put-in. [https://www.oopskayak.org/resources/Documents/Individual%20Waiver070817.pdf](about:blank)
   2. Second best – T.O. brings extra forms that can be signed at put-in in case registrant can’t do step A. Registrant or T.O. takes picture of signed form and sends to self and T.O.
2. At put-in, everyone can assist with boat carry. It is recommended that members wear face masks and sanitize hands before and after providing assistance.
3. Remind registrants to bring their own personal hygiene & PPE:
   1. Masks, hand sanitizer, toiletries, etc. Tip: store mask in zip lock in PFD.
4. Share with group:
   1. Do not share food and beverages during the trips unless in an emergency
   2. Face masks are required at the put-in and during safety briefings
   3. Face masks are optional while paddling. If worn, we recommend a medical mask, Neck Gaiter (w/ pm2.5 filter idea), cotton mask, bandana, etc.
5. Rescues
   1. Discontinue practice rescues until Oregon’s full opening
   2. In the event of a rescue, encourage members to perform a self-rescue if possible or provide light support at bow or stern.
   3. Rescuer should wear a face mask during a rescue, i.e. medical mask, Neck Gaiter (preferably w/ pm2.5 filter), cotton mask, bandana, etc.
   4. Swimmers are encouraged to face away from the rescuer while breathing, and not to wear a mask unless comfortable doing so.
   5. After rescue, consider washing off the rescued area with splashing, bilge pump, etc.
6. During lunch and breaks, maintain proper distancing.
   1. Wear masks when not eating.
7. Please be aware of physical distancing both on and off the water.

Revision: August 20, 2020 – Joe Howell, Charles Congdon