

# OOPS Activity Planning Worksheet

Revised 02/15/09

<b>Title:</b> Lacamas lake cleanup		<b>Type of Activity:</b> Trip		<b>Date(s):</b> october 25th	
<p><b>Narrative description:</b> Come join Maeve and Joanne in a fun cleanup of one of our favorite paddles places, Lacamas Lake. We will put in at the south end of the lake and paddle north to a place where there is lots of rubbish on the shore. We can clean up, have lunch, and paddle back.</p> <p>This is part of my 8th grade project. Please email me or joanne to sign up.</p>					
<b>Starting point:</b> south end of lake at the park			<b>Ending point:</b> same		
<b>Route alternatives if bad weather:</b> the other boat ramp on the east side					
<b>Skills or Equipment (In addition to general requirements per the <a href="#">Activity Policy</a>):</b>					
<input type="checkbox"/> Towline		<input type="checkbox"/> Helmet		<b>Min. Immersion Wear:</b> Full wet suit	
<b>Other Requirements:</b> gloves					
<b>Primary Organizer:</b> Joanne Barta			<b>Organizer:</b> Maeve Jahoda		
<b>First Aid Person:</b> Joanne			<b>Organizer:</b> Heidi Grant		
<b>Max # of Participants:</b> 12			<b>OOPS members only?</b> No		
<b>Has organizer been on this paddle before?</b> Yes			<b>Has organizer led an OOPS activity here before?</b> Yes		
<i><b>CERTIFICATION:</b> By checking this box, <input type="checkbox"/> the Organizer certifies that they have read, understand and will conduct this activity in accordance with OOPS Activity Policies.</i>					
<b>CONDITIONS:</b>			<b><u>RATING FACTORS:</u></b>		
<b>Air Temp:</b> 50 °F		<b>Water Temp:</b> 60 °F		<b>Wind Strength:</b> 2. 7-12 knot (14 mph)	
<b>High Tide (Ft, time)</b>			<b>Swell/Surf size:</b> 1. < 1', no breaking waves		
<b>Low Tide (Ft, time)</b>			<b>Sea State:</b> 1. Calm or small wavelets		
<b>Flood (speed, time):</b>			<b>Landing Type:</b> 1. Gently sloping sand, gravel, grass		
<b>Ebb (speed, time):</b>			<b>Currents:</b> 1. up to 1 knot		
<b>Water time:</b> Hours		<input type="checkbox"/> Shipping traffic		<b>Total Distance:</b> 1. Up to 6 miles	
<input type="checkbox"/> Night Paddling		<input type="checkbox"/> Potential Fog		<b>Open Crossing Distance:</b> 1. No open crossings	
<i>Note, night or fog bumps the rating up one level</i>			<b>OVERALL RATING:</b> 1. Level one		
<b>Comment on overall rating</b> (if different than the rating system yields):					