

OOPS Activity Planning Worksheet

Revised 02/15/09

Title: Lower Columbia & Sand Island		Type of Activity: Trip		Date(s): 6/13/09	
<p>Narrative description: We'll launch at Cape Disappointment and head toward the main channel of the Columbia. Hopefully, we'll get to stop and play in surf we find along the way. We'll cross over to Sand Island for a counter-clockwise circumnavigation stopping around the the SE corner for lunch. We may poke around East Sand Island and Baker Bay depending on the whim of the group. East Sand Island is the world's largest nesting colony of Caspian Terns! You MUST be comfortable and experienced in level 3 conditions for this trip, including wind and surf. If you have any questions about your ability for this trip please review the activity guidelines or contact the organizer.</p>					
Starting point: Cape Disappointment			Ending point: Same		
Route alternatives if bad weather: Cancel					
Skills or Equipment (In addition to general requirements per the Activity Policy):					
<input type="checkbox"/> Towline		<input type="checkbox"/> Helmet		Min. Immersion Wear: Full wet suit	
Other Requirements:					
Primary Organizer: David Dalbey			Organizer:		
First Aid Person: David Dalbey			Organizer:		
Max # of Participants: 6			OOPS members only? Yes		
Has organizer been on this paddle before? Yes			Has organizer led an OOPS activity here before? No		
<i>CERTIFICATION: By checking this box, <input type="checkbox"/> the Organizer certifies that they have read, understand and will conduct this activity in accordance with OOPS Activity Policies.</i>					
CONDITIONS:			<u>RATING FACTORS:</u>		
Air Temp: 50 °F		Water Temp: 45 °F		Wind Strength: 3. 12-16 knot (19 mph)	
High Tide (Ft, time): 6.8 ft, 17:52			Swell/Surf size: 3. < 3', breaking waves to 2'		
Low Tide (Ft, time): -1 ft. , 10:38			Sea State: 3. Numerous whitecaps, longer wave form		
Flood (speed, time): 15:20, 2.1			Landing Type: 3. 1.5' surf or bad footing		
Ebb (speed, time): 7:42. -2			Currents: 3. up to 4 knots		
Water time: 5 Hours		<input type="checkbox"/> Shipping traffic		Total Distance: 2. 6 to 11 miles	
<input type="checkbox"/> Night Paddling		<input type="checkbox"/> Potential Fog		Open Crossing Distance: 3. 1-2 miles	
<i>Note, night or fog bumps the rating up one level</i>			OVERALL RATING: 3. Level three		
Comment on overall rating (if different than the rating system yields): Currents base on Sand Island Tower, 0.9nm SE of (north channel)					