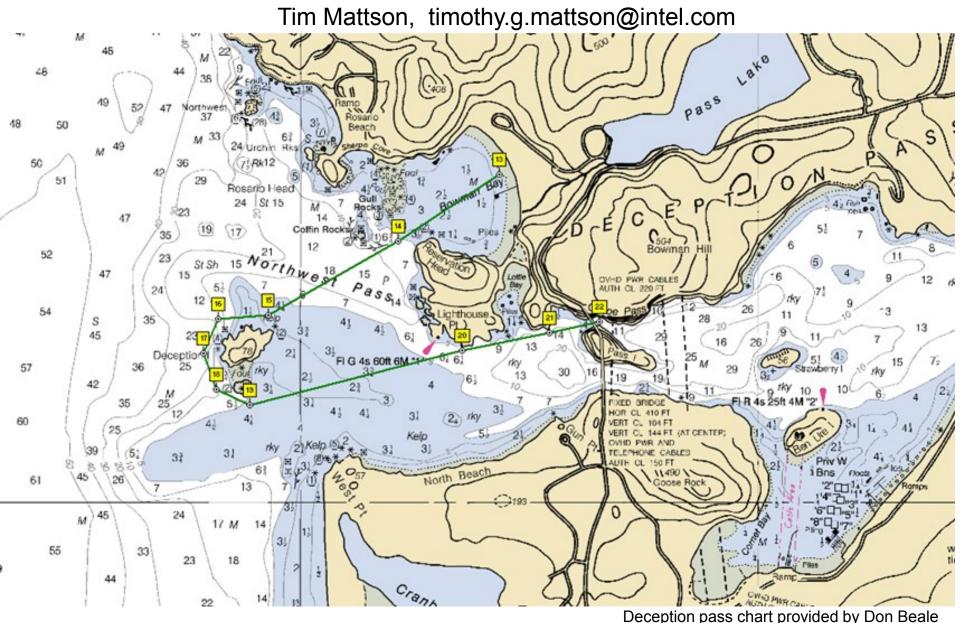
Kayak Navigation for Normal People



The Essence of Kayak Navigation

- A kayaker at ANY point should be able to answer the following questions
 - 1. Where are we?
 - 2. How are we moving (direction and speed)?
 - 3. When will we get there?
 - 4. What risks are we taking?

Kayak navigation is the set of skills required to answer those 4 questions.

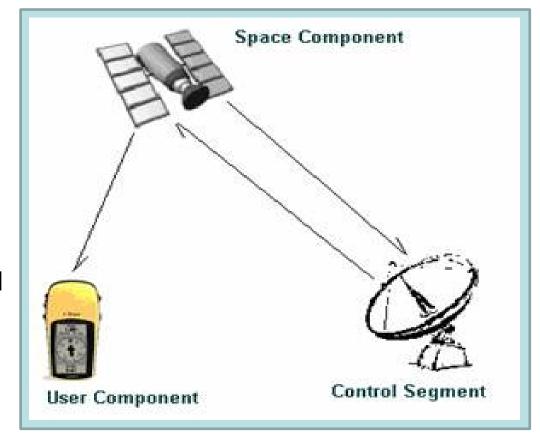
Why not just use a GPS

GPS Advantages:

- Easy to use.
- Accurate ... even with restricted visibility

GPS Problems:

- Electronics can fail ... a marine environment is hard on electronics
- Batteries have limited lifespans ... and seem to fail when you need them most.



It fundamentally comes down to Aesthetics ... we paddle to immerse ourselves in nature. So why navigate with your nose in a tiny LCD screen?

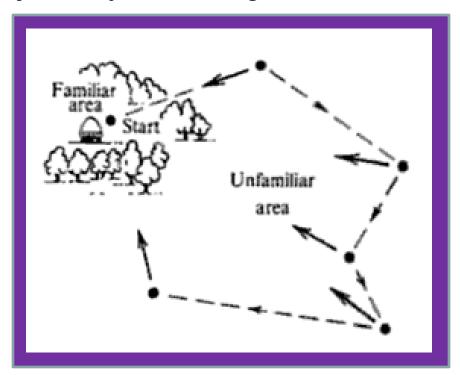
A GPS is a great back-up for limited visibility emergencies. Leave it in your day hatch.

The Practice of Navigation

- - Orientation
 - Locations and Directions
 - Moving consciously across the water
 - Dealing with the environment

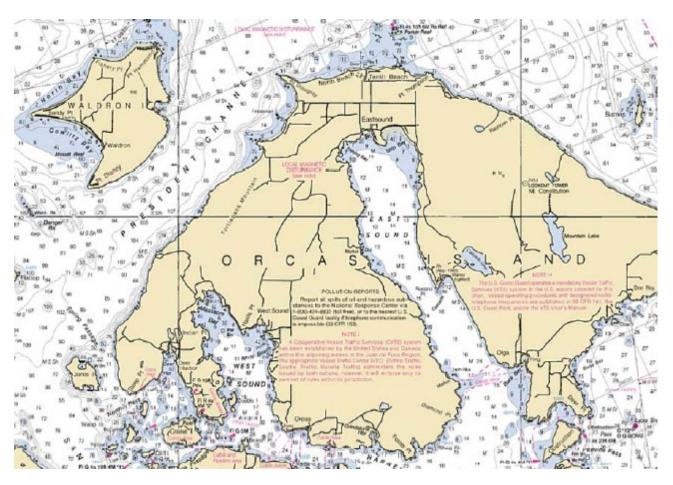
Orientation in the marine world

- Home based orientation... know the direction towards home at all times.
 - Great for your "home waters". Not practical for long distance journeys or navigation in unfamiliar waters.



Orientation in the Marine World

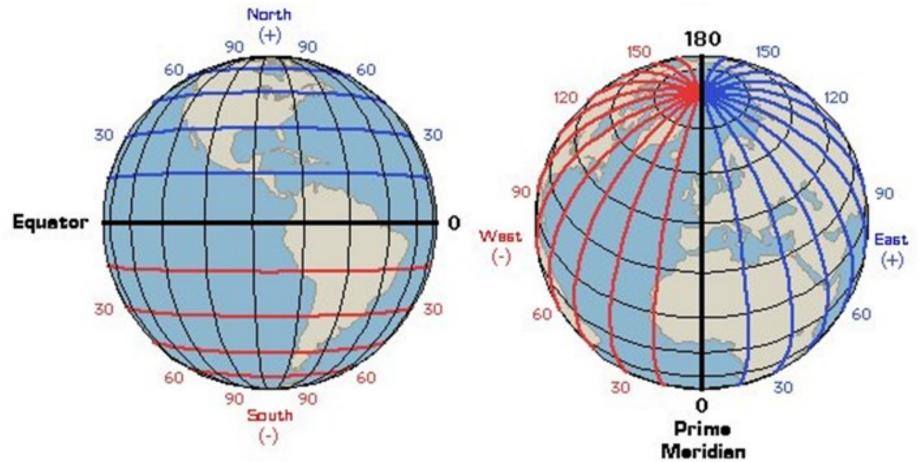
 Chart-based orientation ... I know where my "home" is relative to a chart, and I know where I am relative to features on the chart.



Earth's Coordinate System

Latitude

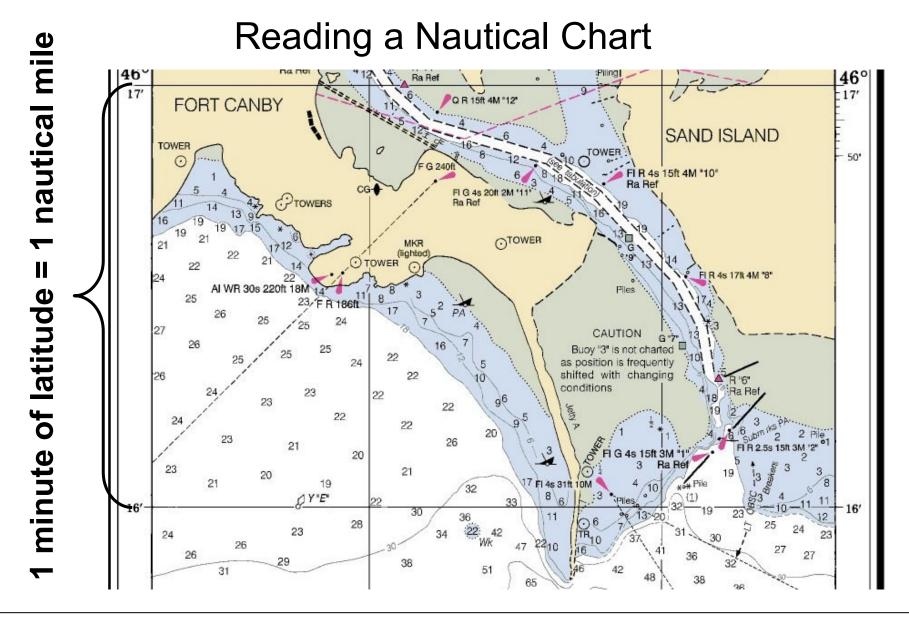
Longitude



Equally spaced lines

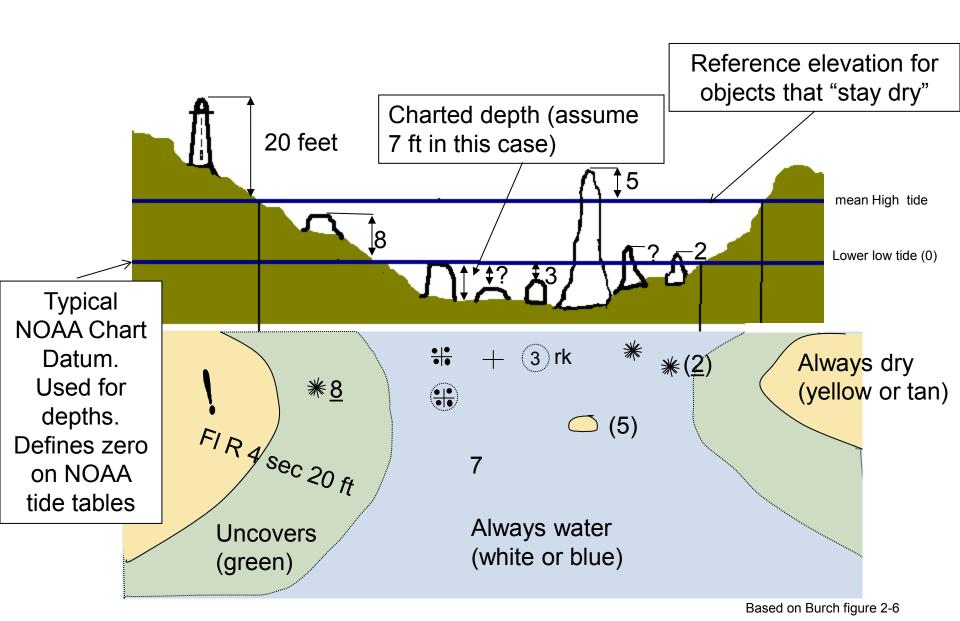
North to South

Closer together east to west as you approach the poles

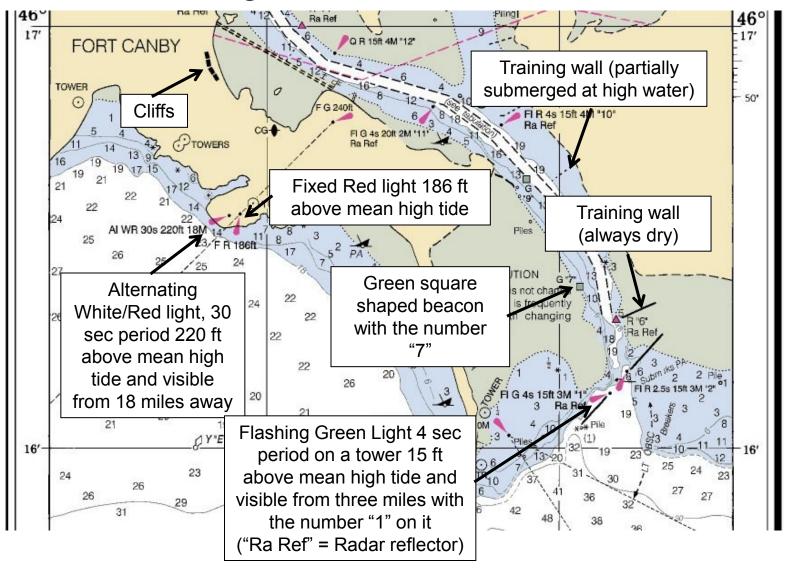


Soundings (depths) from chart datum ... the mean lower low tide (when in doubt, check the chart legend). NOAA tide tables use the same datum.

Charted depths and elevations

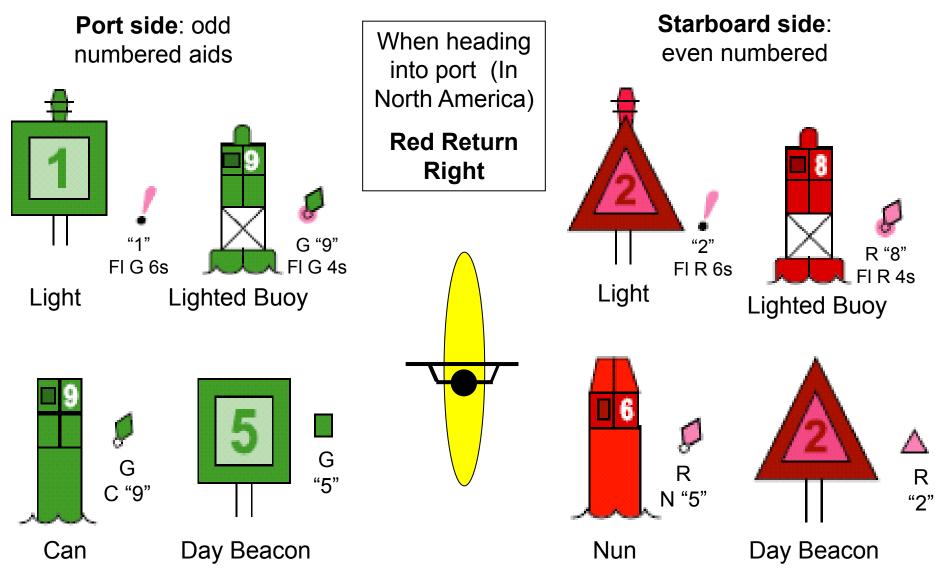


Reading a Nautical Chart



Meaning of symbols from "Chart No. 1"

Aids to navigation: Channel Buoys



Source: US Coast Guard Light List, 2009. Navigational Aids: A to

Aids to Navigation: A mark or object "outside the boat" to support navigation (e.g. buoy). Navigational Aids: A tool used ":inside the boat" to support the navigator (e.g. compass)

Learning about the symbols on a chart

Chart 1 defines the full set of symbols found on a nautical chart

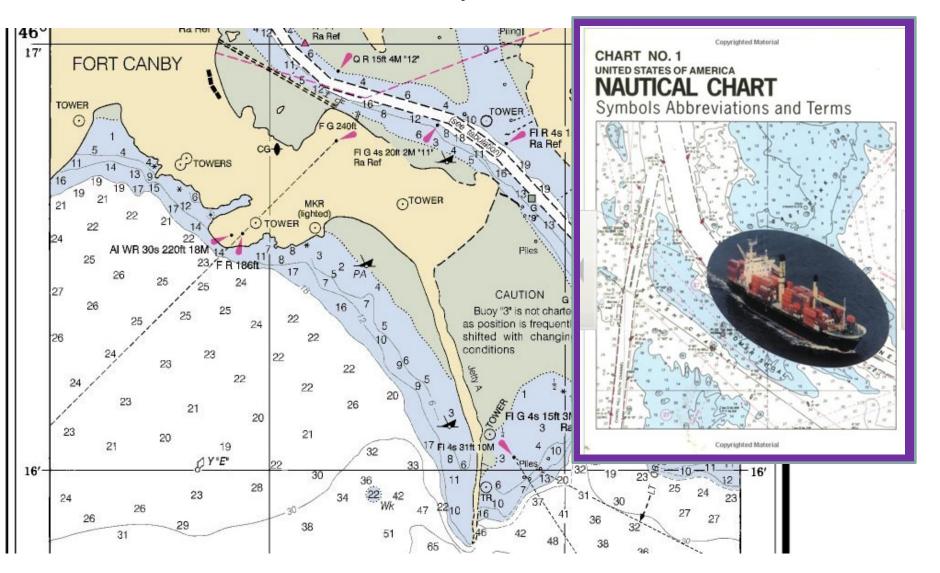
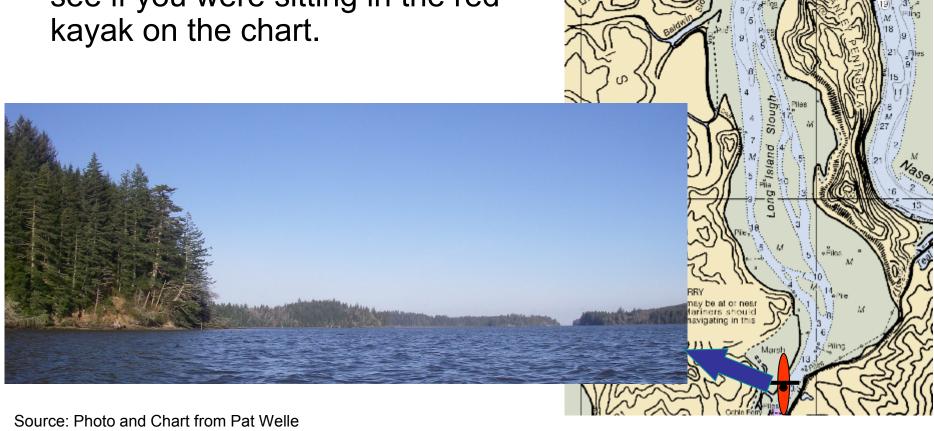


Chart 1 ... It's free www.nauticalcharts.noaa.gov/mcd/chartno1.htm

Navigating by chart alone can be tough

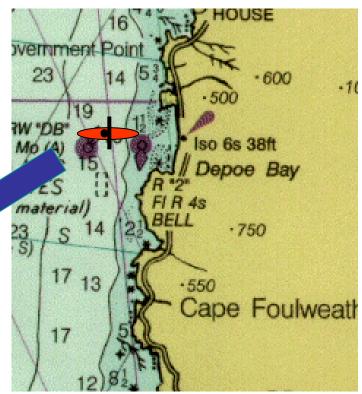
- Connecting what you see with what's on the chart can be hard.
- The picture below is what you'd see if you were sitting in the red kayak on the chart.



Navigating by chart alone can be tough

 Connecting what you see with what's on the chart can be hard.



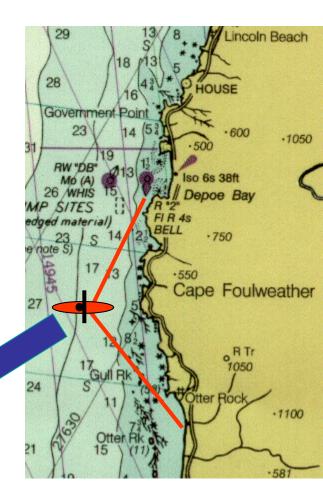


 This picture is what you'd see if you were sitting in the red kayak on the chart

Source: Photo and Chart from Tim Mattson

Navigating by chart alone can be tough

- Connecting what you see with what's on the chart can be hard.
- The picture below is what you'd see if you were sitting in the red kayak on the chart.





Jen Rahn off Cape Foulweather Oregon, picture by Tim Mattson and Kathleen Mattson

The Practice of Navigation

Orientation



- Locations and Directions
 - Moving consciously across the water
 - Dealing with the environment

Finding directions and fixing locations

 When a chart is not enough ... you need help fixing your location.

 When visibility is restricted or a crossing is too far to eyeball navigable features ... you need help fixing your direction.

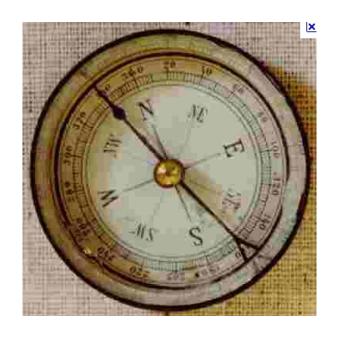
 When the going gets touch, <u>you need a</u> <u>compass</u>

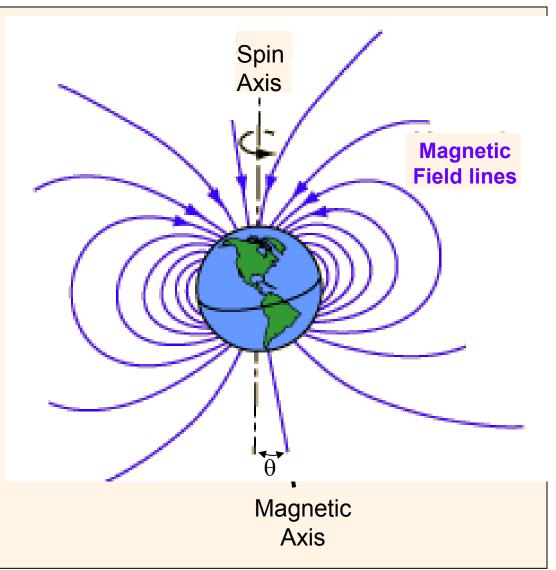


Earth's magnetic field and the compass

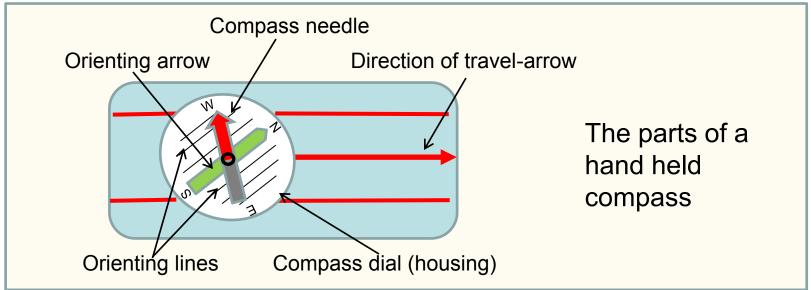
Compass:

a magnet that aligns with the earth's magnetic field ... points to "magnetic north".

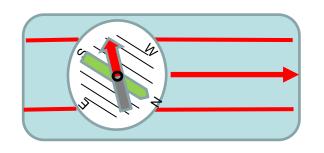




Compass basics: parts and usage



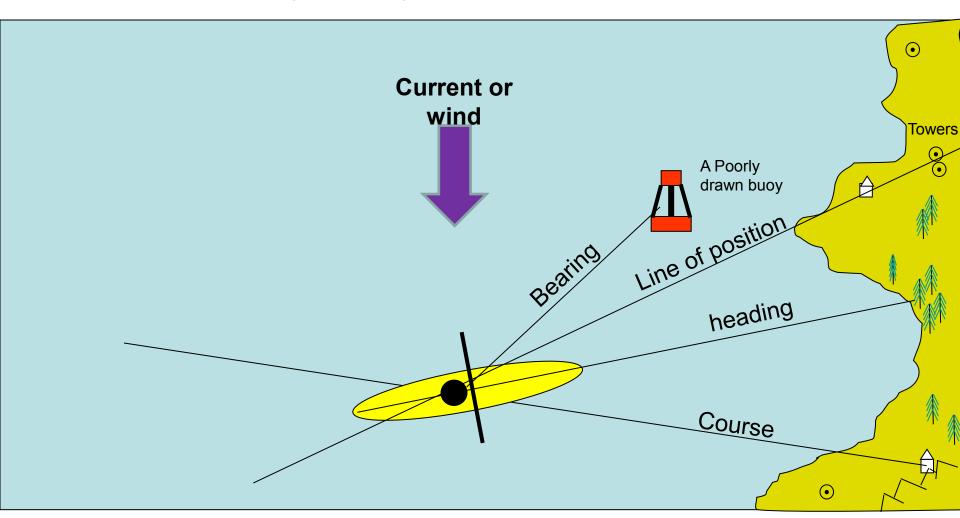
If you want to face Northwest, (1) rotate the compass dial to point Northwest



... (2) hold the compass flat and square to your body. (3) rotate yourself (keeping compass flat and square to your body) until North on the orienting arrow lines up with the red compass needle.

Compass jargon

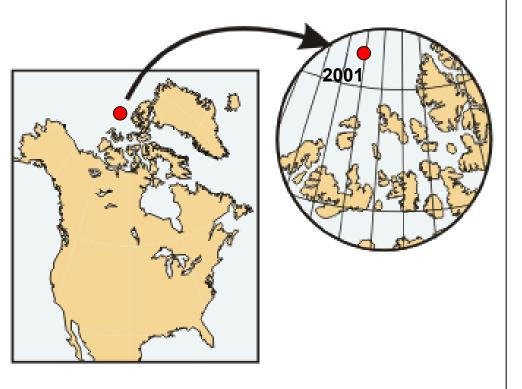
Basic terms: bearing, heading, course, and line of position



 <u>Deviation</u>: the difference between an accurate and the observed magnetic bearing due to man made compass interference. For example, a large metal object packed beneath a deck compass will cause a deviation.

Magnetic North Pole

Location of the North Pole



Magnetic North is different than true north pole.

The Angular difference between true and magnetic poles (θ) is called "variation" on sea or "declination" on land.

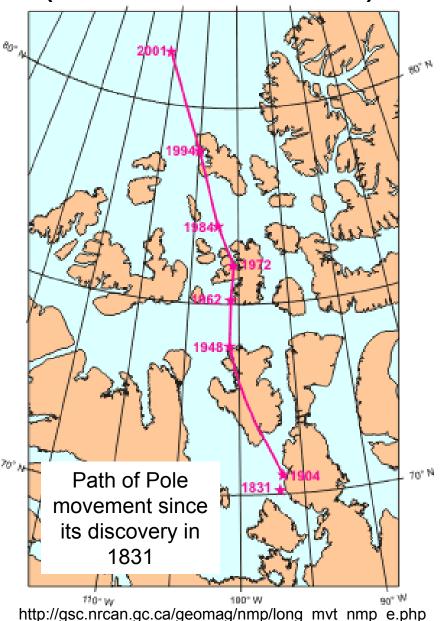
Note that the north pole is actually a south pole since the field lines go "into the earth" at this point ... but its traditionally been called the north pole and the name has stuck.



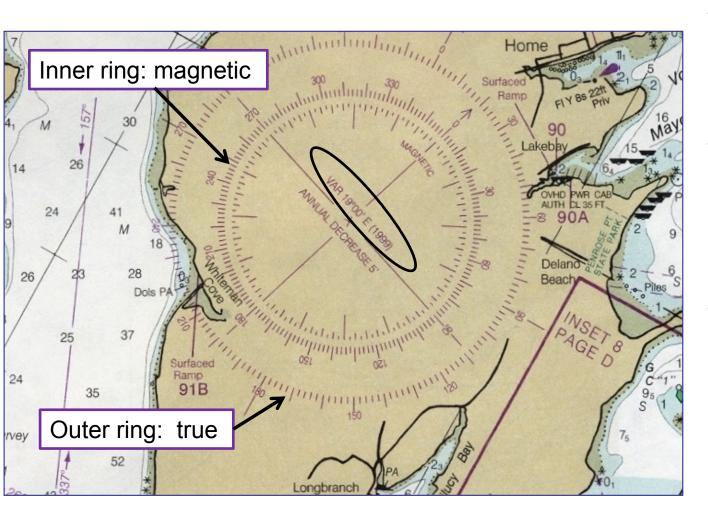
North Pole Movement (secular variation)

- The North Pole is drifting at about 25 miles per year ... the rate of drift seems to be increasing.
- It could be in Siberia in 50 years!

Year	Latitude (°N)	Longitude (°W)
2001	81.3	110.8
2002	81.6	111.6
2003	82.0	112.4
2004	82.3	113.4
2005	82.7	114.4

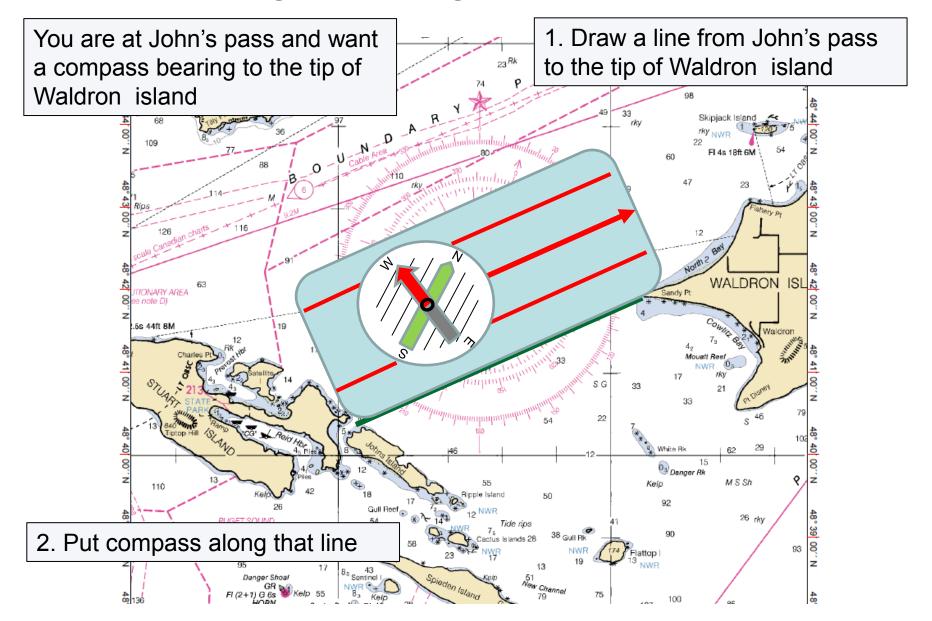


Connecting the compass to a nautical chart: The compass rose

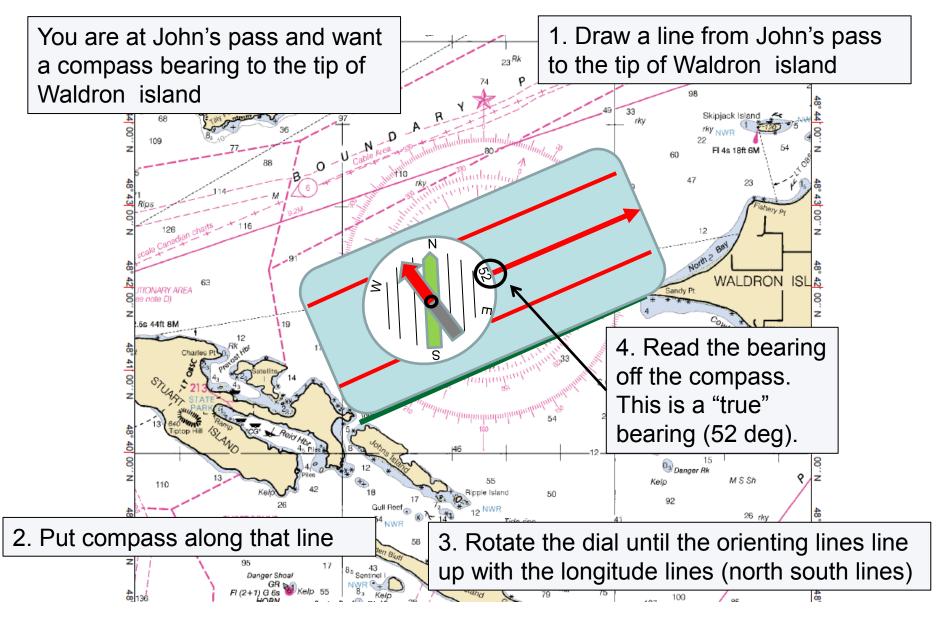


- You read
 magnetic
 bearings from
 your compass
- You read <u>true</u>
 <u>bearings</u> form
 the longitude
 lines on the
 chart.
- The compass rose reports the difference between true and magnetic north ... this is called the "variation".

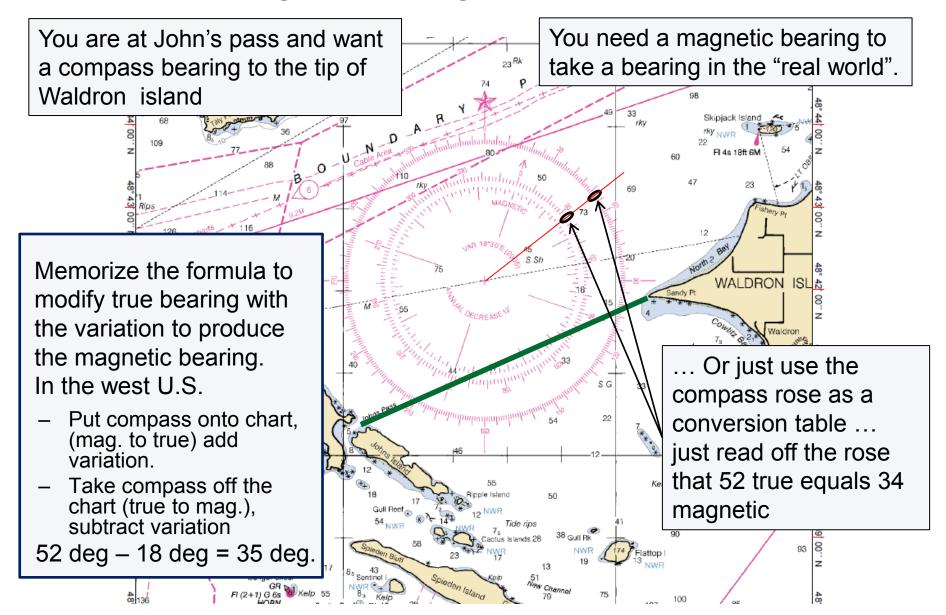
Using Bearings from a chart



Using Bearings from a chart

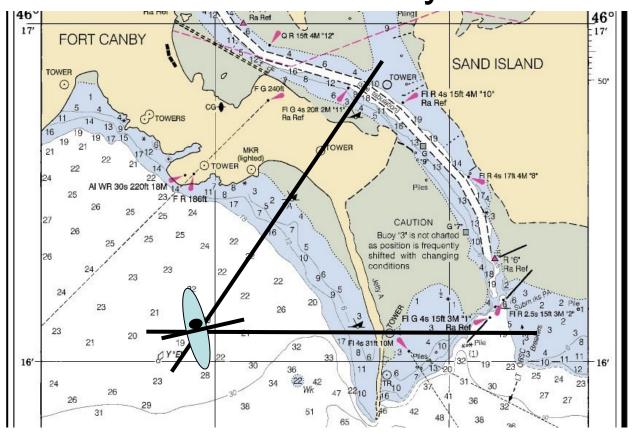


Using Bearings from a chart



Triangulation to fix your position.

 Take your bearing to two known points on a chart. Draw the lines to fix your location.



The Practice of Navigation

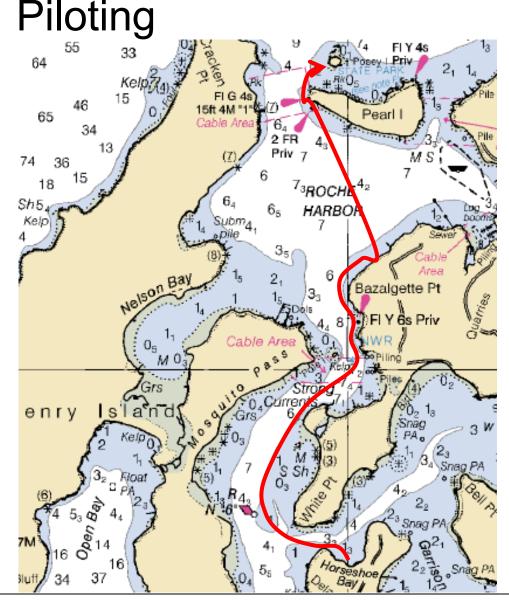
- Orientation
- Locations and Directions
- Moving consciously across the water
 - Dealing with the environment

Moving consciously across the water

- As you move across the water, you need to know where you are from one moment to the next.
- You need to move across the water in a well defined and controlled way.
- You need to know how you are moving at any moment.
- Two key methods:
 - Piloting ... using landmarks and other features
 - Dead reckoning ... deducing motion based on time and velocity

 Piloting ... navigating by traveling from one known feature to the next

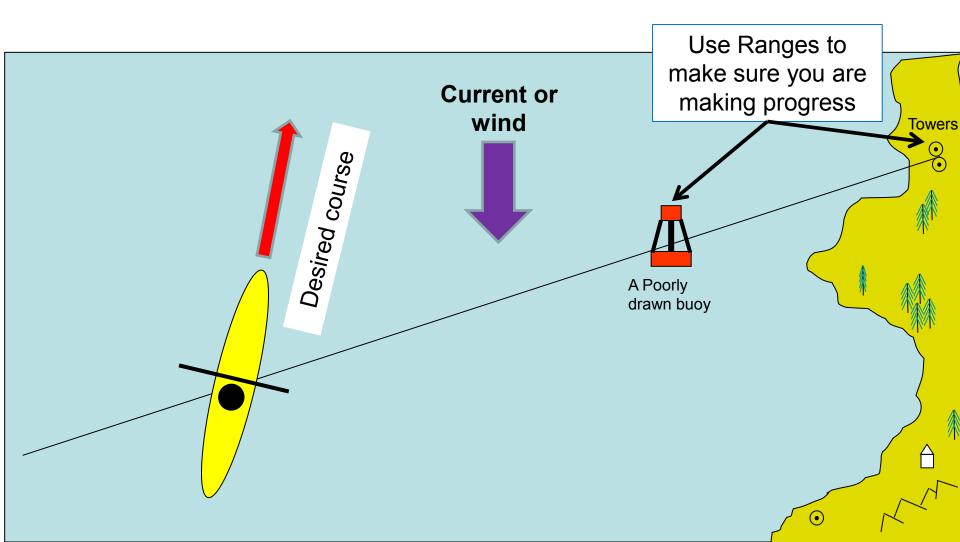
- Combine a set of features to define a route to your destination
- The key to piloting is to always keep track of where you are with respect to features on your chart.
 - Use triangulation from time to time to verify your position.
 - Use ranges underway to gauge progress relative to known features.



Piloting is straight forward if you pay attention and continuously gauge your location relative to key landmarks.

Ranges and detecting motion off-shore

- Ranges: a pair of objects lined up to define a line of position.
- Pick two well separated objects. The motion of the rear object shows your motion.



Dead Reckoning

- Dead Reckoning ... deducing your position over time based on your velocity and the elapsed time:
 - Requires accurate idea of your paddling speed and environmental forces that impact your speed (current, wind, etc.).
- When do we use Dead Reckoning:
 - when there are no landmarks or
 - when there is reduced visibility.
 - to keep track of progress between chart features when piloting.

Dead Reckoning Example

 Paddling at a three knot pace against 1 knot of current for 30 minutes. How far have you traveled?

(3 nm/hr - 1 nm/hr) * (1/2 hr) = 1 nm

To use Dead Reckoning correctly, you must develop a feel for your paddling speed and pay close attention to the currents around you.

The Practice of Navigation

- Orientation
- Locations and Directions
- Moving consciously across the water
- Dealing with the environment
 - Current
 - Weather
 - Tides

Current and wind

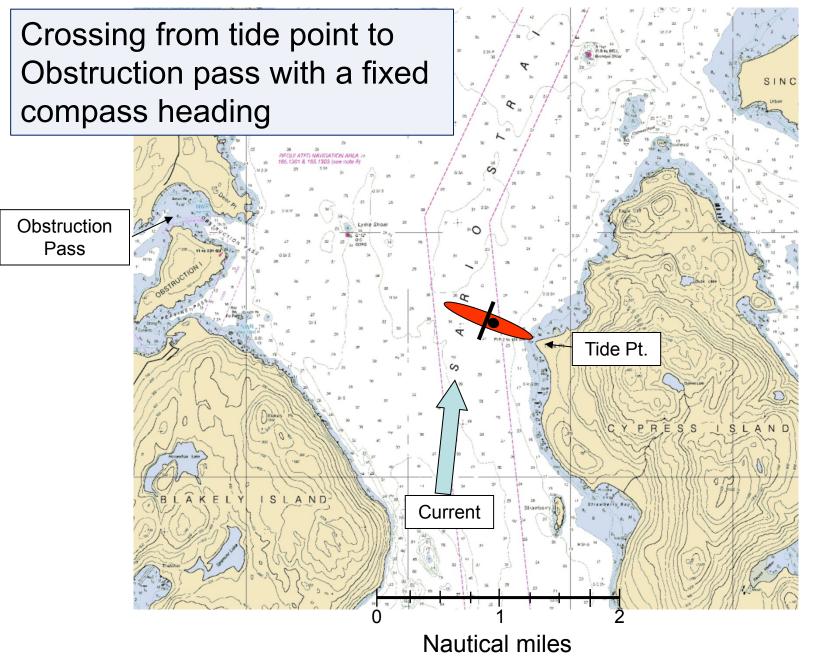
Current (and wind) can push you off course.



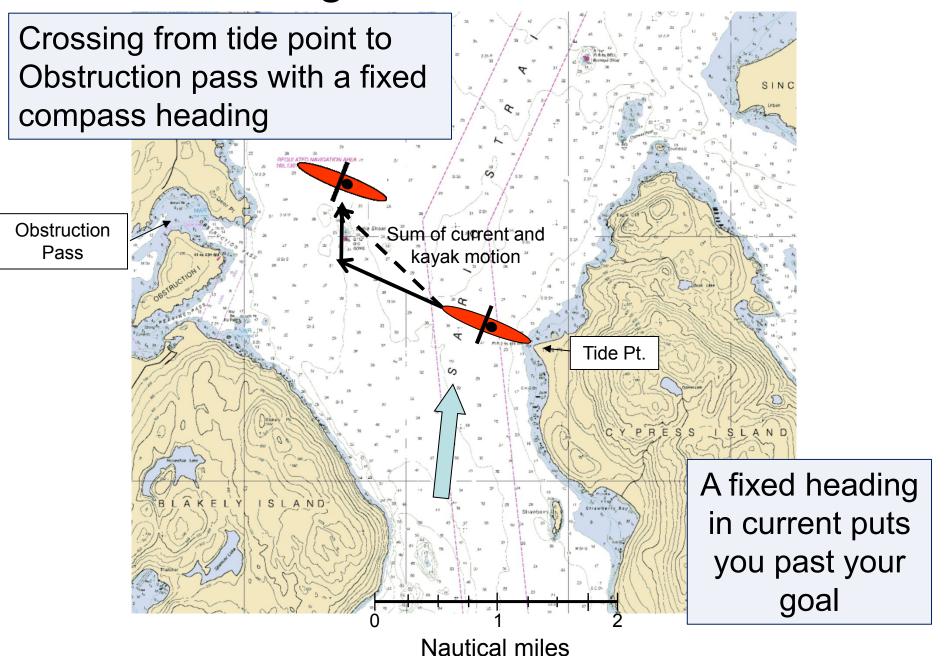
- You must learn how to plan around current
 - Paddling <u>with</u>
 current can be fun.
 - Paddling <u>against</u>
 the current can be difficult, stupid or even dangerous.
 - Current squeezing through obstructions and over submerged shelves forms rough water ... called a "tide race".

Warren Williamson at deception pass in 50+ knots of wind and 6 knots of current. Photo by Pam Powell taken from the deception pass bridge. Source: Sterling's kayaks web page.

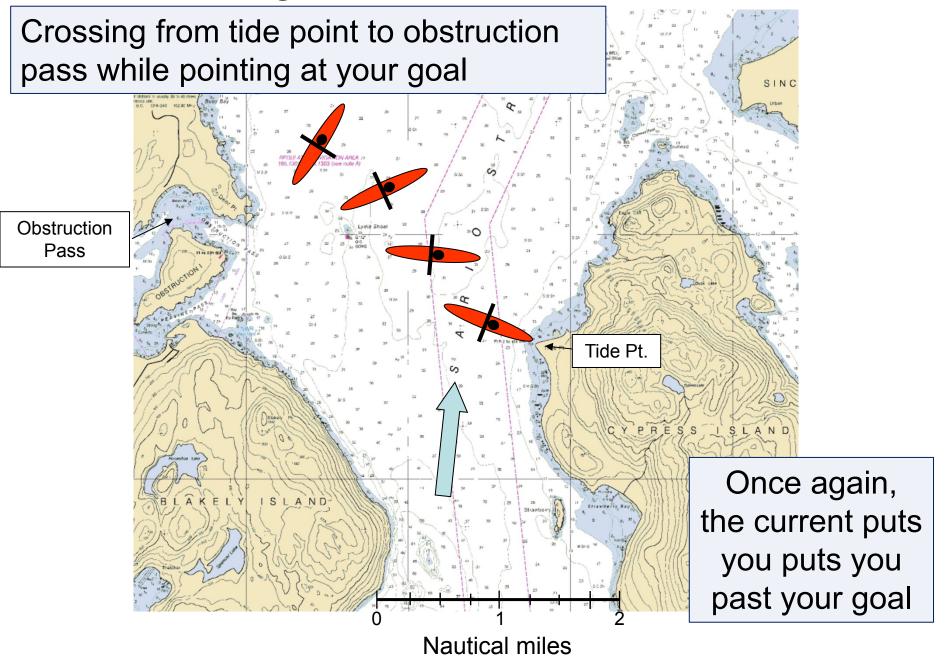
Crossing in Current (Rosario Strait)



Crossing in Current (fixed heading)

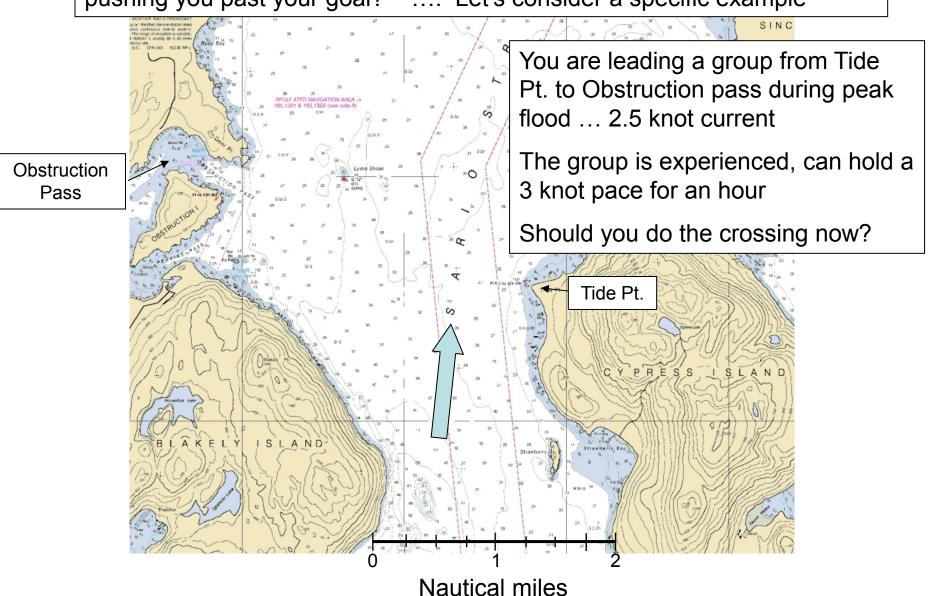


Crossing in Current (always pointing at your goal)

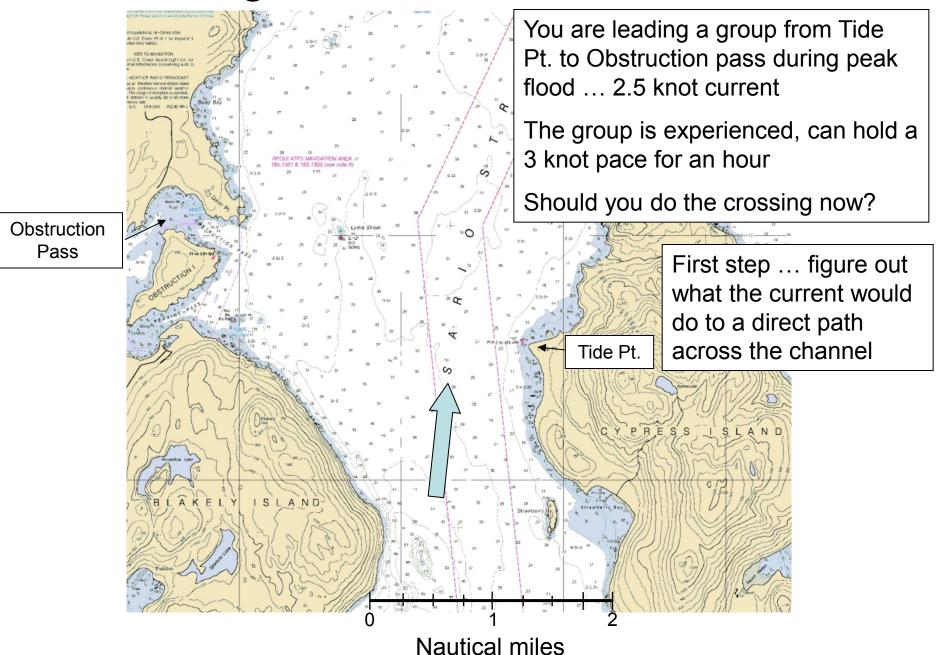


Crossing in Current (Compensate for current)

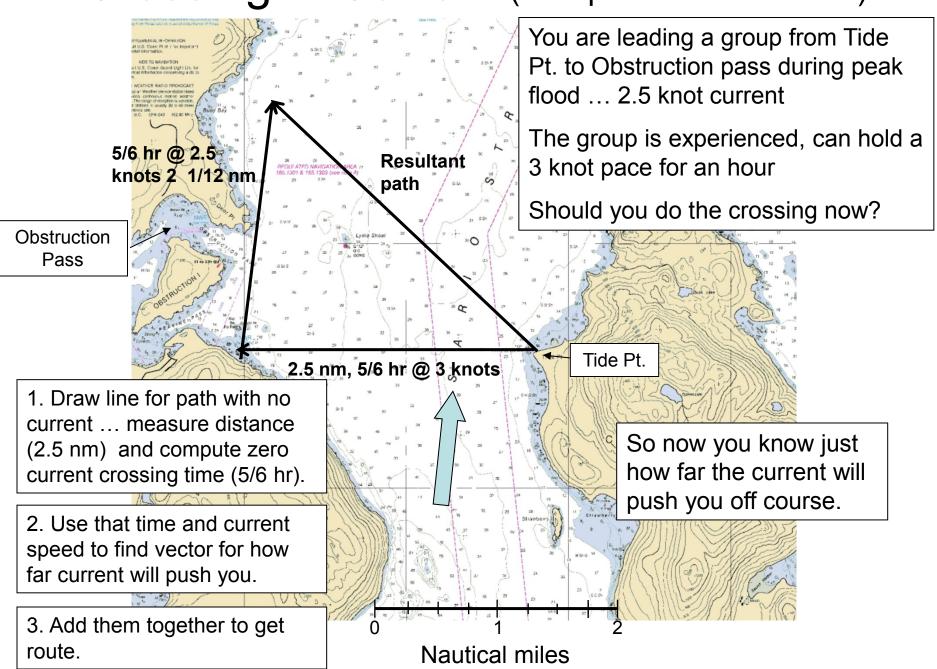
How do you safely navigate a crossing when current (or high wind) are pushing you past your goal? Let's consider a specific example



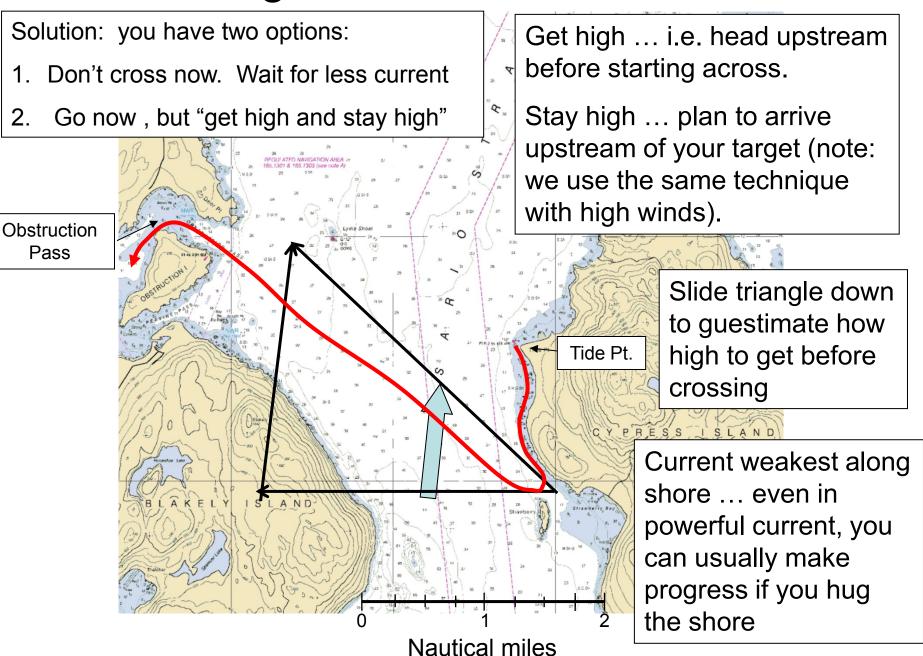
Crossing in Current (Compensate for current)



Crossing in Current (Compensate for current)

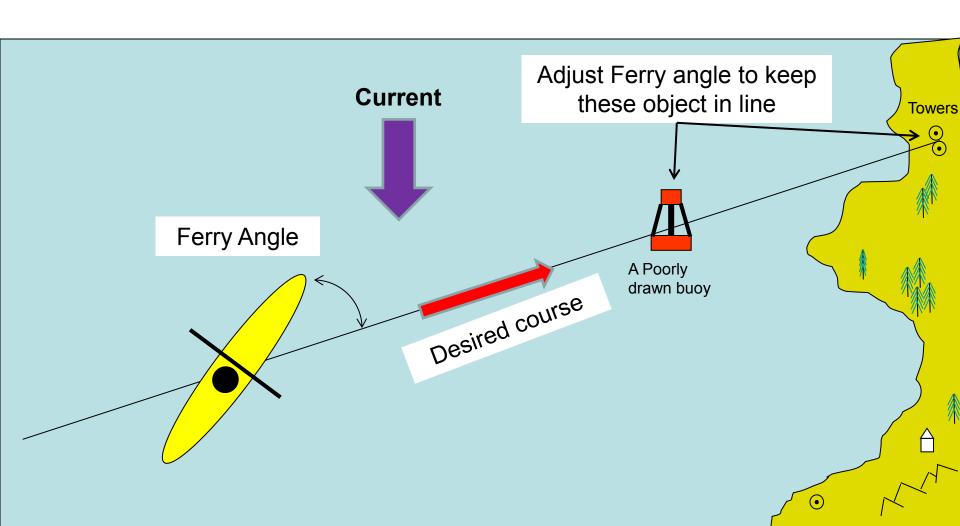


Crossing in Current (Get high. Stay high)

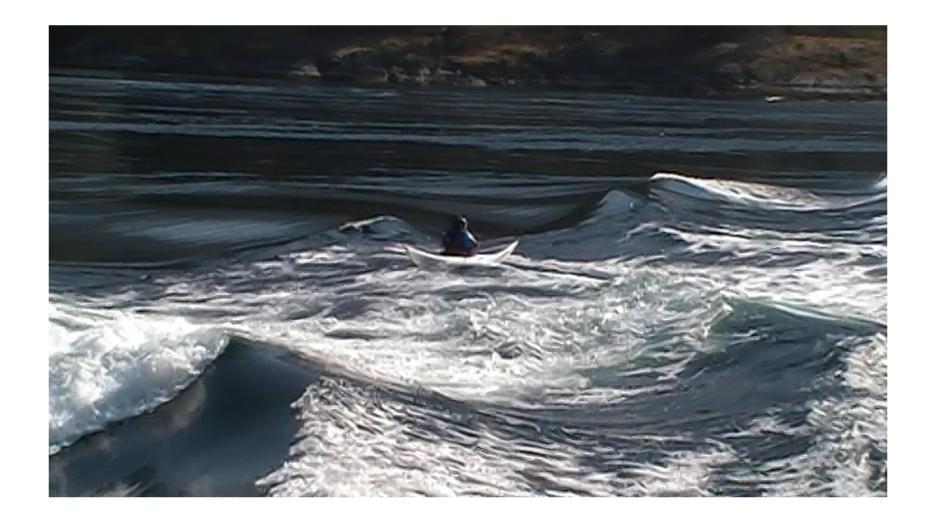


Ranges and ferry angles

- **Ferry** ... modify your heading to face into current or wind to offset its effect on your course.
- Use ranges to set and verify your Ferry angle



Current Hazards ... tide races



Tim Mattson at Sechelt Narrows, B.C. (Skookumchuck), Aug. 2010. Video by Sterling Donaldson.

Working with Forecasts

 You must look up currents before you go on a trip so you can plan around them.

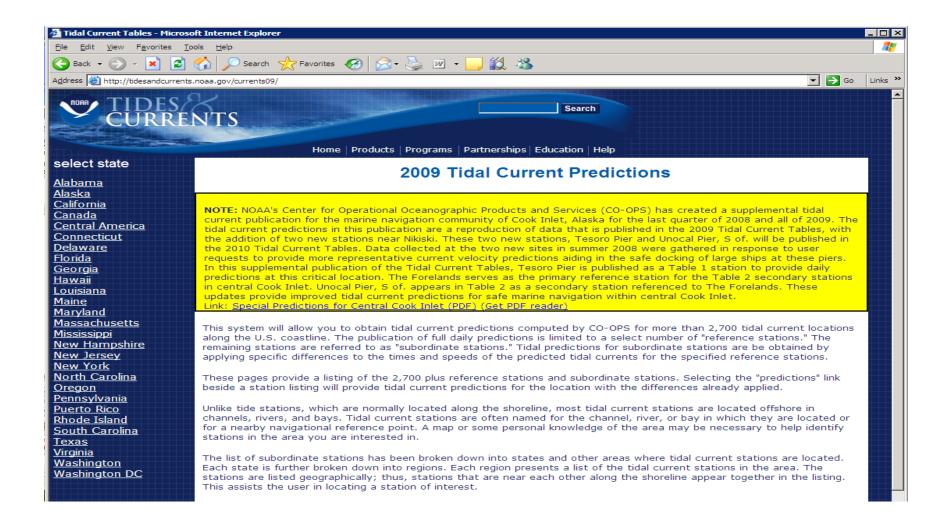
Remember: most paddlers can only hold a 3 knot pace over long distances so any current approaching 3 knots or more can get you into deep trouble!

weather and swell	http://www.wrh.noaa.gov/
tide height	http://tidesandcurrents.noaa.gov/tides11/
current information	http://tidesandcurrents.noaa.gov/currents11/

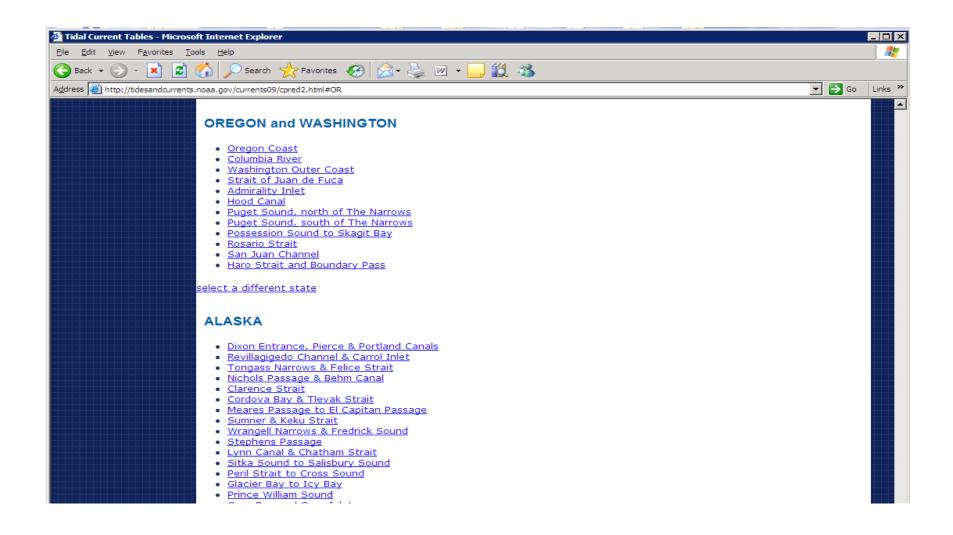
Current Definitions

- <u>Set of the current</u> the direction towards which the current is flowing.
 - E.g. A current flowing from the north to the south is called a southerly current. Notice that this is opposite to the convention with wind for which direction indicates where it is blowing from.
- Drift of the current its speed in knots.
- Flood the current that occurs when the water flows from the sea towards shore and increases the level of the tide.
- <u>Ebb</u> a current that occurs when water flows from shore towards sea and the level of the tide decreases.
- <u>Slack</u> the state of relative calm when the current changes from an Ebb to a Flood or visa versa.
 - Notice: the more precise term now used on current forecasts is "minimum before flood" or "minimum before ebb" since in many cases the water never stops moving.

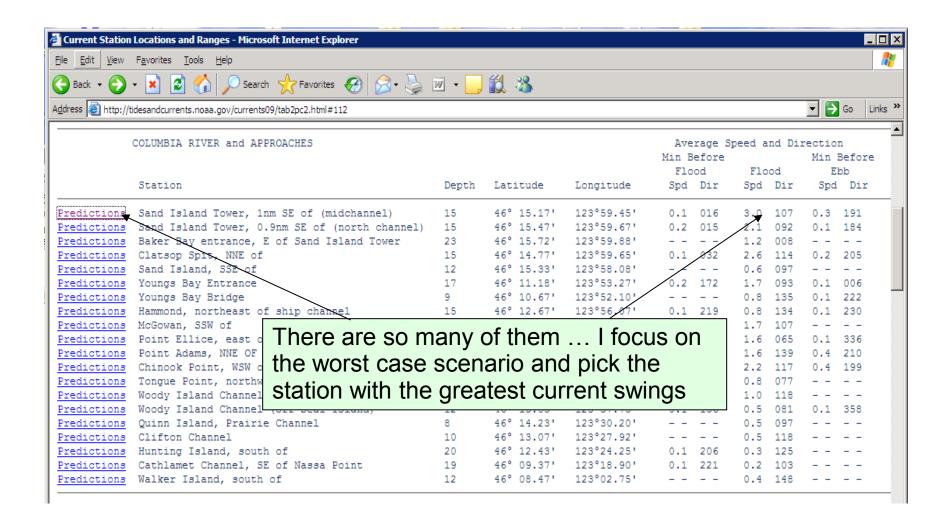
NOAA current entry page



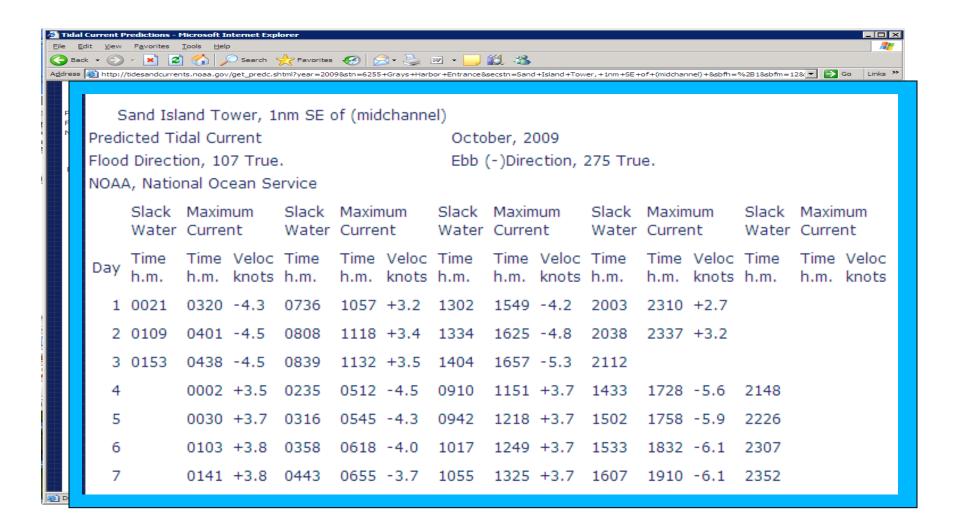
Current Regions in Oregon and Washington



Columbia river current stations

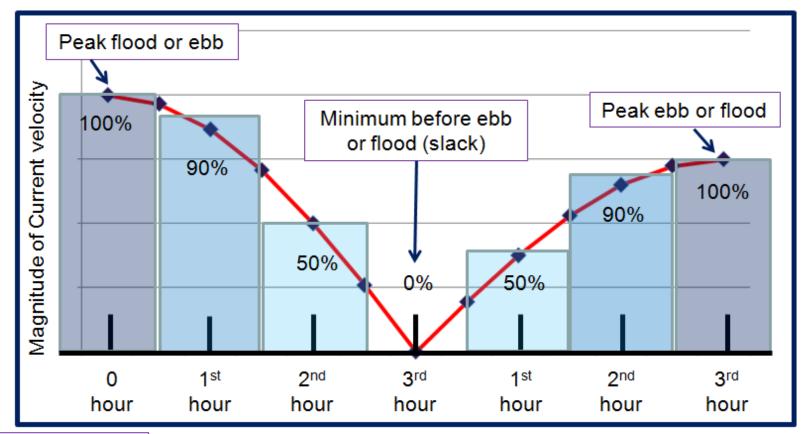


Sand Island, 1nm SE of (midchannel)



The 50/90 rule

- The NOAA tables provide times for slack and peak.
- Use the 50/90 rule to estimate current at other times:



Divide time from peak to slack into three equal segments (~1 hr)

- •90% of peak after 1st segment
- •50% of peak after 2nd segment
- •0% (slack) after 3rd segment

Reverse process back to peak

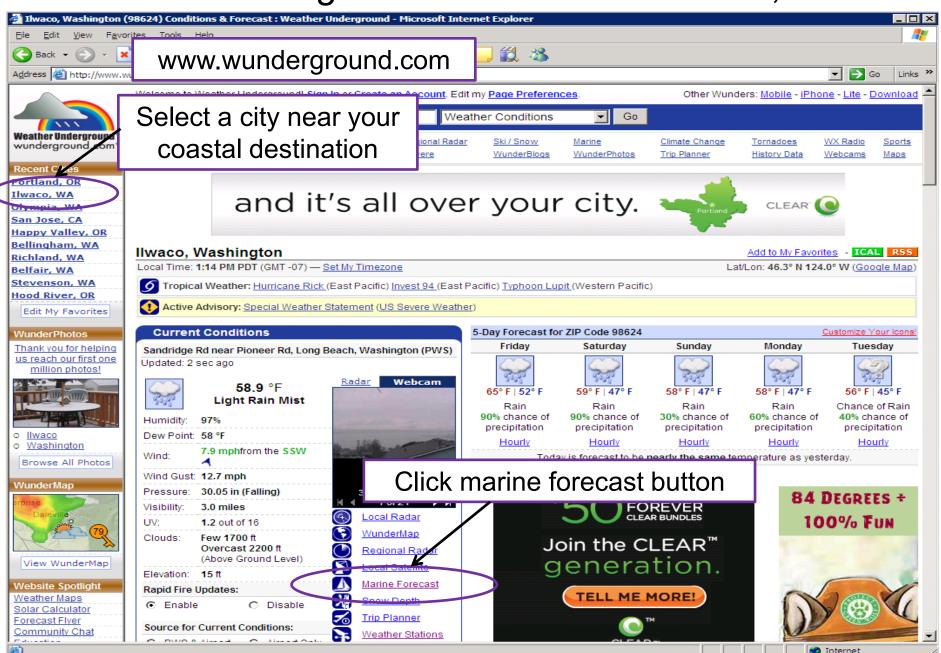
- •50% of peak after 1st segment
- •90% of peak after 2nd segment
- •100% (peak) after 3rd segment

Weather

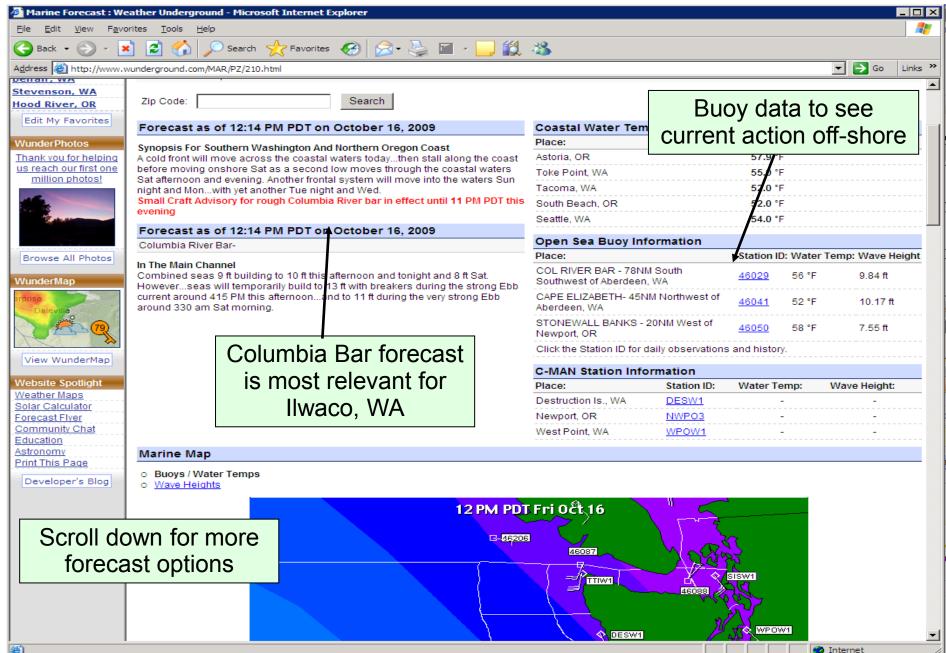
- Dealing with weather is simple ... always check forecasts and know your limits.
- It's the wind that matters most. Key issues for understanding wind:
 - Direction: Stated in terms of where the wind comes from (opposite of the convention with current).
 - Fetch: the span of water the wind blows over.
 - Time: How long has the wind been blowing?

Anything over 25 knots is very tough! Only advanced paddlers working in well practiced teams should choose to paddle beyond 30 knots ... and even then, you better hope you're heading downwind!

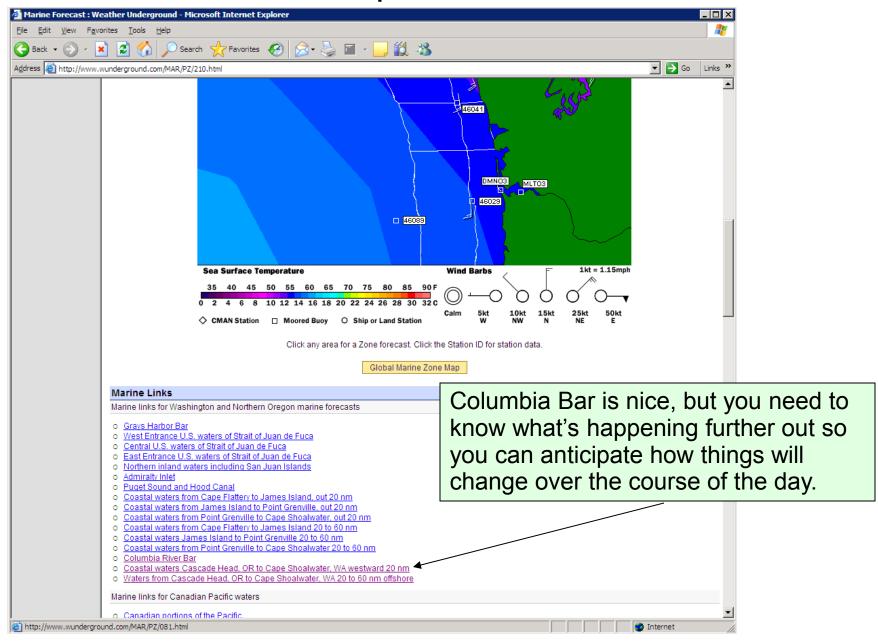
Weather underground .. Ilwaco WA Oct 16, 2009



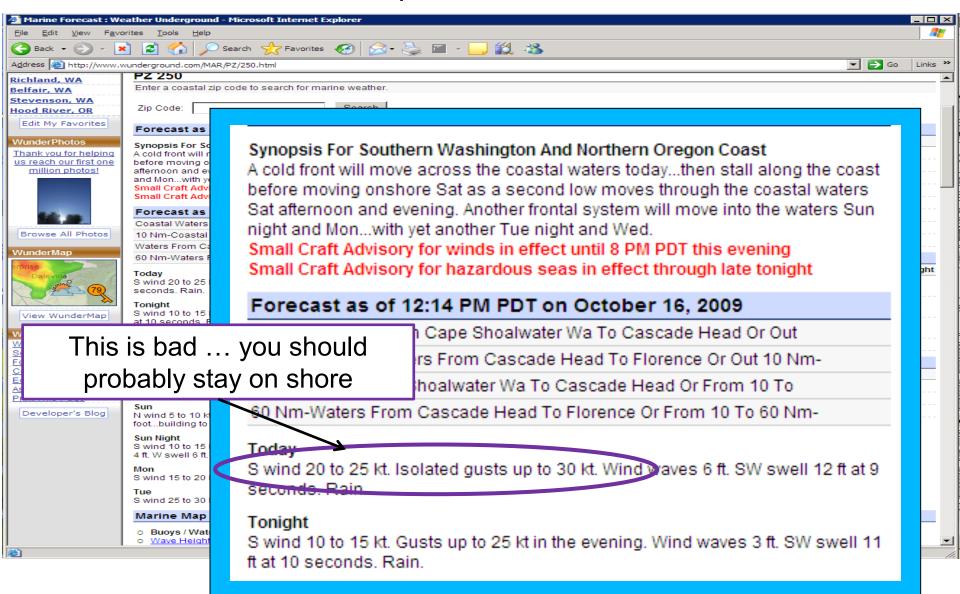
Marine Forecast, Ilwaco WA Oct 16, 2009



Marine forecast options OR/WA coasts

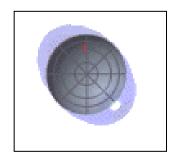


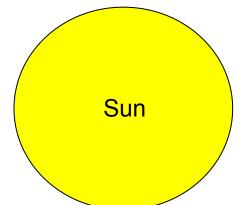
Marine forecast Oct. 16, 2009 cascade head to cape shoalwater westward 20 nm



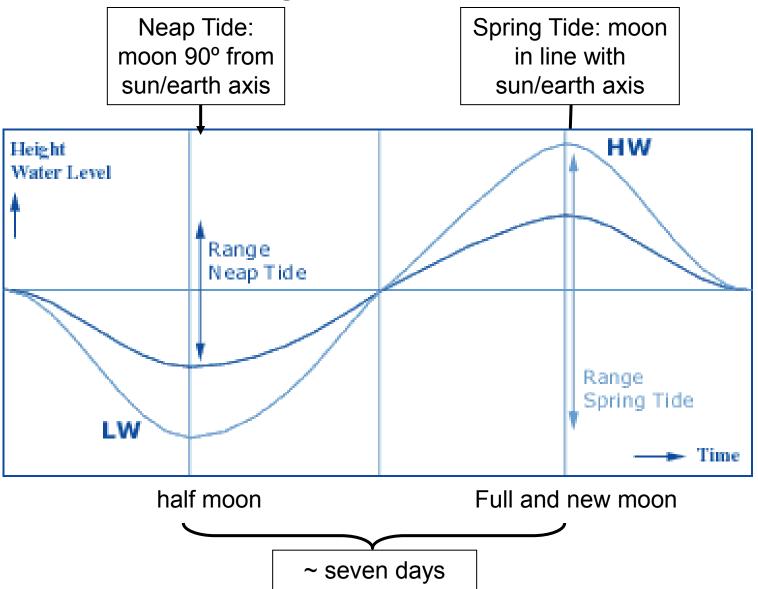
Origins of tides

- Tides come from oceans bulges due to gravitational forces from the sun and the moon.
- Biggest bulges when the sun, earth and moon are lined up





Spring and Neap Tides



Tides depend on many factors:

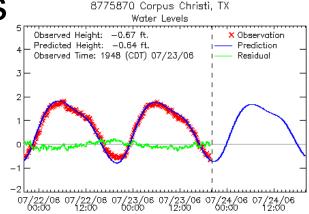
- Shape of the water basin
- Frictional forces
- Coriollis effect
- Weather

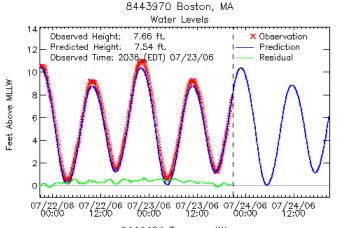
3 Types of Tides

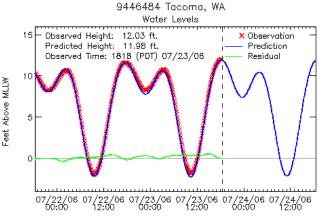
 Diurnal: one high and one low (e.g. Corpus Cristi, TX)

 Semidiurnal tide: two highs, two lows per tidal day. Roughly equal magnitude (e.g. Boston, MA)

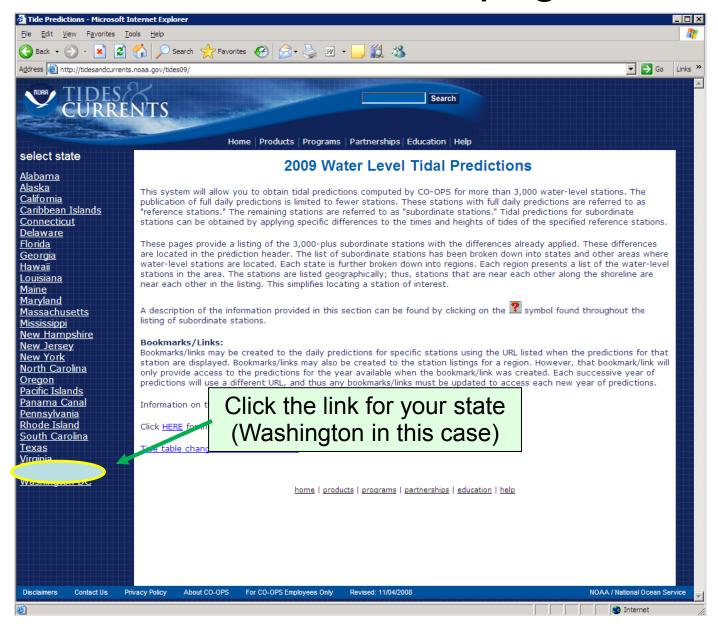
 Mixed: wide variation in highs and lows with longer tidal cycles than a diurnal tide (e.g. Tacoma, WA).



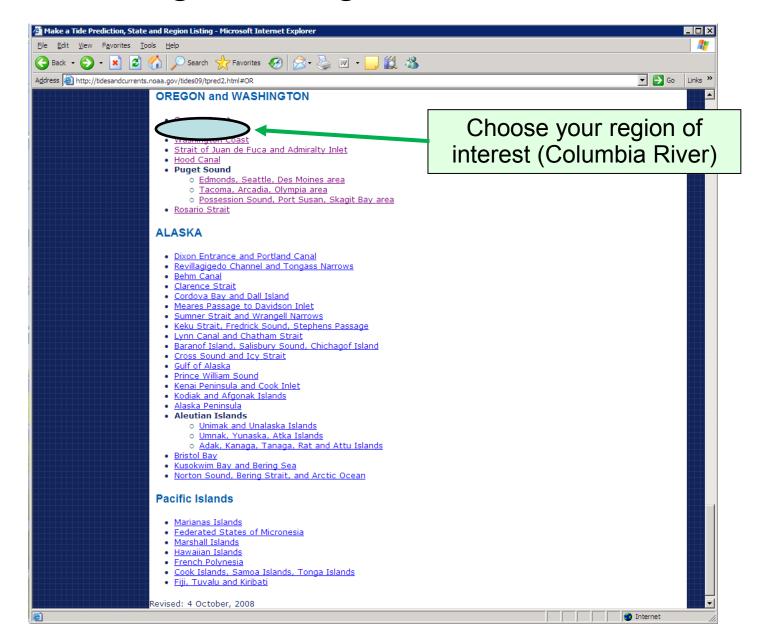




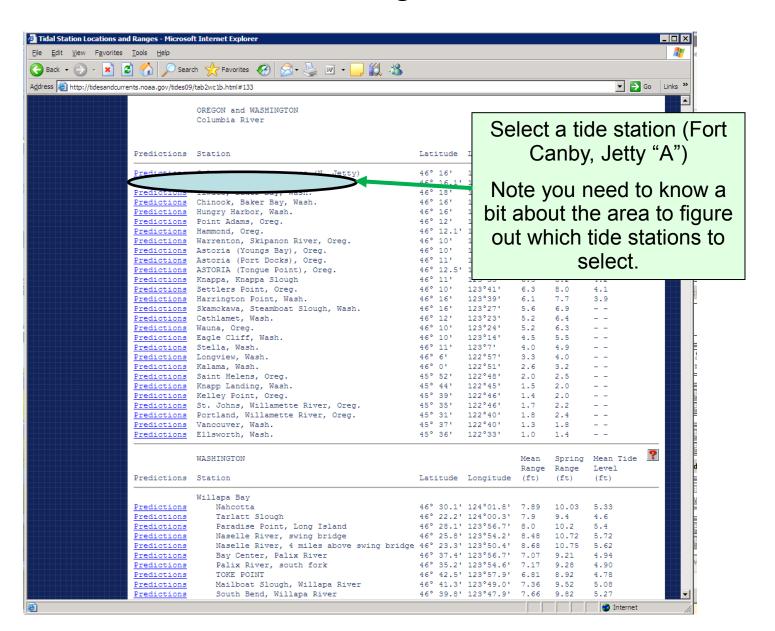
NOAA tide web page



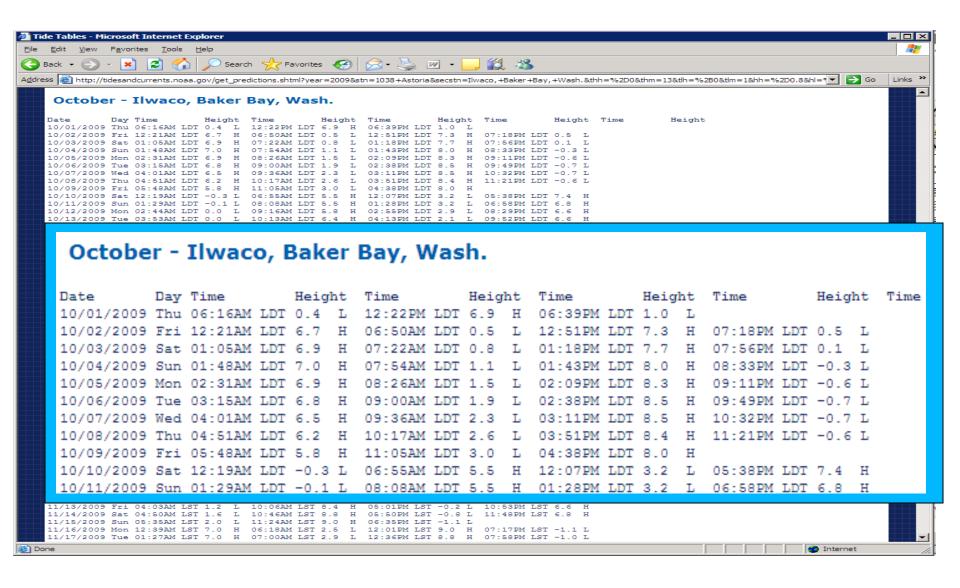
Washington/Oregon tide stations



Tide Stations along Columbia river



Baker Bay (a-jetty) tides



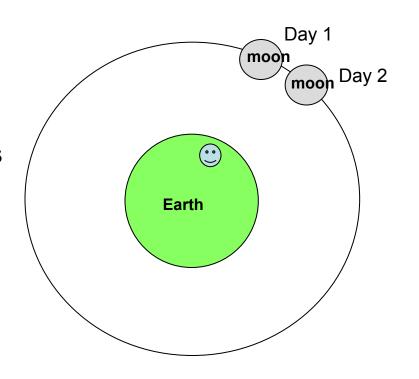
Tidal variation from day to day

Basic facts:

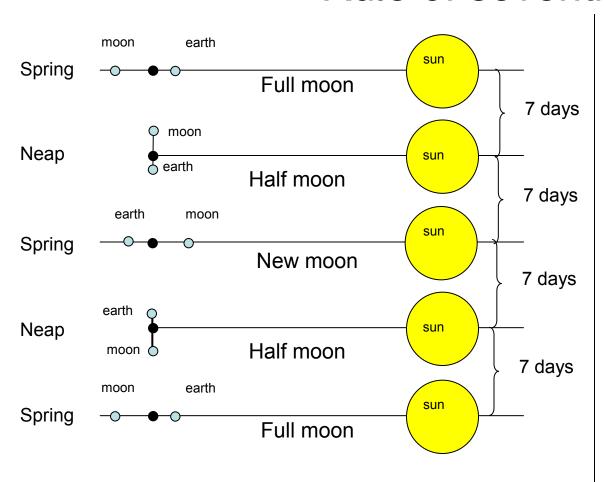
- Earth rotates once per 24 hours.
- Moon orbits earth in 28 days.
- Moon position at same time from one day to another
 - When you finish a full rotation, the moon has moved 1/28 of an orbit ahead of the previous day's position

Impact on tide:

- Tidal bulge follows the moon's position.
- Hence tide moves "forward" by 1/28th of a cycle or ...
- Tide is shifted 24/28 * 60 = 51 minutes later.



Estimating tidal variation from day to day Rule of sevenths



- 7 days from spring to neap.
- Assume a linear variation, i.e.:
 - Each day tidal range changes by 1/7 spring/neap change.
- Example:
 - Spring range 12 feet
 - Neap range 6 feet
 - 3 days after full moon, tidal range will be:

12 - 3*(12-6)/7 = 9.4 feet

Estimating Tides: The rule of 12ths

- Tide varies from low to high (and back again) according to a smooth curve called a sine wave.
- The rule of 12th's approximates a quarter sine wave
 - Divide time from low to high tide into six segments (~ one hour segments).
 - The change after each segment (hour) expressed as a fraction of 12:

First hour	1/12	High tide		
Second hour	+2/12			
Third hour	+3/12			
Fourth hour	+3/12			
Fifth hour	+2/12			
Sixth hour	+1/12			
Low tide				

Summary

- You should always know:
 - Where are we?
 - 2. How are we moving (direction and speed)?
 - 3. When will we get there?
 - 4. What risks are we taking?

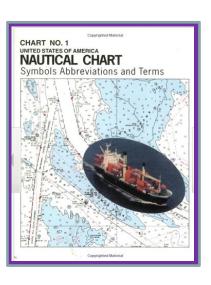
- Kayak Navigation: the tools to answer those questions:
 - Orientation
 - Locations and Directions
 - Moving consciously across the water
 - Dealing with the environment

Next Steps

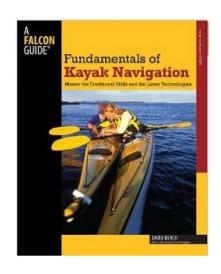
- You can not learn navigation by listening to a lecture. You must go out and practice.
 - Get a chart for local waters you enjoy ... make sure its big open waters with lots of interesting features.
 - Study the chart with a copy of "chart 1" in hand and learn the symbols.
 - Get a compass and play with it until its use is second nature.
 - Setting and holding a heading
 - Moving between true and magnetic bearings
 - Triangulation
 - Routinely track weather, current, and tide forecasts for interesting areas ... get familiar with the jargon

References

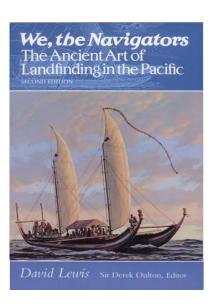
Chart 1 ... all the symbols found on a NOAA nautical chart. PDF available online from NOAA.



David Burch's classic reference book on kayak navigation



We the navigators by David Lewis ... A study of the greatest navigators in human history



How to read a nautical chart
Annotated Chart 1 for U.S. and Canada plus fascinating background on Charts

